

JUNIOR ROWING WITH THE ARGONAUT ROWING CLUB

HEAR WHAT OUR JUNIOR ROWERS SAY ABOUT THE SPORT



BENEFITS

OUR TEAM

89% REPORT INCREASED SELF-CONFIDENCE

45 ATHLETES AGES 14 - 18

12 COACH VOLUNTEERS

9 OUT OF 10 INTERESTED IN HEALTHY DIETS

100% PLAN TO ATTEND POST-SECONDARY

100% SAW GREATLY INCREASED FITNESS

71% IMPROVED THEIR GRADES SINCE JOINING **A+**

21 DIFFERENT SCHOOLS REPRESENTED

79% SAW IMPROVED FRIENDSHIPS

8 OUT OF 10 WILL KEEP ROWING AS ADULTS

\$ 1.2 MILLION DOLLARS INVESTED IN CLUB INFRASTRUCTURE

Created to revitalize our clubhouse, increase accessibility and engage Toronto's youth in the sport of rowing, the ARCNext fundraiser allowed us to improve every aspect of our business:

FLOOD PROOFING

IMPROVED FACILITY AND TRAINING SPACES

REMODELED BANQUET HALL

3x THE DOCK SPACE

WHAT ARE OUR GOALS?

ENGAGE 3,500+ LOCAL YOUTH

SUPPORT OLYMPIANS & PARALYMPIANS

GROW WITH OUR COMMUNITY

BE FULLY ACCESSIBLE

ATHLETE TESTIMONIALS

"Rowing gives me a place to make new friends and helps me manage stress"

"Rowing has taught me to enjoy physical activity."

"Rowing helped me open up as a person and gain the confidence to be myself."

"Rowing helped me overcome my depression and has given me my best friends."

"Being part of the team really feels more like being part of a family."

"Through rowing I have met friends that I know I will have for life"

"Rowing completely changed my life"

If this sounds like the team for you, contact us today!

instagram: @argojuniors
facebook: @ArgonautRowing
website: argonautrowingclub.com